Martial Arts - Tae Kwon-Do - Self Defence - Kickboxing Training - For Men, Women & Children

Thank you for your interest in Tae Kwon-Do classes, in the Swindon area.

I would like to take this opportunity to personally invite you to <u>2 FREE Taster Lessons</u> at your local TAGB Tae Kwon-Do School.

Along with this invite is a first lesson questionnaire, which I would like you complete and bring with you to your first lesson.

During your two FREE taster lessons, you will be given an enrolment pack containing all the relevant information required to join, including details of cost, equipment required and application forms. Please note at no time are you obliged to join.

If during your FREE taster lessons you have any questions please do not hesitate to ask any of the Instructors

For your FREE taster lessons you will need to wear, tracksuit/jogging bottoms and tee shirt/sweat shirt please bring with you a drink in a sealable/sports bottle and the completed First Lesson Questionnaire.

I look forward to seeing you soon.

Yours in Tae Kwon-Do

Brett Rowlinson

Brett Rowlinson 4th Dan **TAGB Tae Kwon-Do Instructor**

Tel: 0800 1955 640

Your Local TAGB Tae Kwon-Do School is Swindon West **Training Venue: Training Times: Haydon Wick Community Leisure Centre** 6.30-7.30pm Wednesdays **Juniors** Thames Avenue, Haydon Wick, Swindon 7.30-8.30pm Wednesdays Adults Wiltshire SN25 1QQ **The Link Centre** 4.30-5.30pm Saturdays White Hill Way, Westlea, Swindon Adults & Juniors Wiltshire SN5 7DL

Notes: These classes are suitable for beginners and existing Tae Kwon-Do students. Alternative class are held in Swindon under Swindon East, please check the website for further details

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FIRST LESSON QUESTIONNAIRE:			
Thank you for taking an interest in the Swindon East TAGB Tae Kwon-Do School. Before you take part in any lesson you MUST complete this basic questionnaire FULLY and hand in to the school instructor at your first FREE lesson.			
Students Full Name			
Date of Birth			
Full Address including postcode			
Telephone Number			
Email Address			
How did you hear about our TAGB Tae Kwon-Do School?	LAG.B.		
Have you done any martial art training before? If yes please give details	TERN	ATIONAL	
Is there any known medical reason why you should not take part in a Tae Kwon-Do lesson?			
Do you suffer from any of the following? HEART DISORDER / ASTHMA / MIGRAINE / EPILEPSY / DIABETES / NERVOUS DISORDER / HAEMOPHILIA / HAY FEVER / Any others			
If YES please give details:			
Signed		Date of first FREE lesson	
Parents to sign if student under 16	vears of age		